## **Abound Parenting News: week of May 23rd**

## Daily back-and-forth conversations bring us together – and build skills.

After the distressing, heartbreaking news out of Texas, this week's word is essential for children to hear, use, and feel. Hug them all.

- Joan
- This week's academic vocabulary word is <u>SECURE</u>. Here are 2 ways to give your child extra opportunities to hear and use the word <u>SECURE</u>:
  - O Holding a baby close makes a baby feel SECURE. Another way to make a baby feel SECURE is to swaddle him, which means wrap him in a blanket. Babies need help to feel SECURE. What do you think animals do to feel SECURE? Is there a person who makes you feel SECURE?
  - When people we love give us a hug, it can make us feel SECURE. Sitting on someone's lap or next to them while reading a book or watching a movie together can also make us feel SECURE. What if you are worried and need to feel SECURE, but there is no one there to give you a hug or hold you close. What can you do to help yourself feel less nervous and more SECURE?
  - O To **SECURE** also means to tie something firmly so it doesn't go anywhere. If an astronaut is on a spacewalk, she needs to be **SECURED** to the space craft, so she won't fly off into space. Let's talk about how the word **SECURE** meaning "tie firmly to something so it doesn't fly or float away," is like the word **SECURE** meaning to "feel safe and protected."
    - Remind your child that the word **SECURE** means safe, protected. **SECURE** can also mean tie or attach firmly to something.
- How else can you build your child's reading skills through TALK?
   Try these questions taken from different TalkOn age groups this week:
  - In our solar system there are eight planets: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune. Let's clap out each word and see which planets have two syllables? (Venus, Saturn, Neptune)
  - Astronomers use telescopes to see far-away stars up close. Scientists use microscopes to make really, really small things look much bigger. Which would you prefer to use? How do those words sound alike? (Note: scope means see)
  - On Earth there are lots of separate countries, each in charge of its own land. Who is in charge of space? Who's in charge of where you live?

Your school is providing the Abound app for you to use at home. To get access, you have to start at <a href="https://partners.aboundparenting.com/">https://partners.aboundparenting.com/</a>. Use the code you received from your child's teacher & follow instructions to download the app on any iOS or Android device.

Questions? Write to sue@aboundparenting.com